Obesity's Impact on Alaska's Economy and Workforce in 2023



REDUCED ECONOMIC ACTIVITY BY \$1.2B

69% of adults have obesity or overweight



\$549M in higher healthcare, absenteeism, and disability costs to employers



\$130M detrimental state budget impact



COST OF OBESITY ON ALASKANS



Reduced Labor Force Participation

6,000 fewer adults with obesity working



Reduced Earnings for Employed Women

Women with obesity earn 9% less than women with healthy weight



Obesity-Attributed Early Mortality

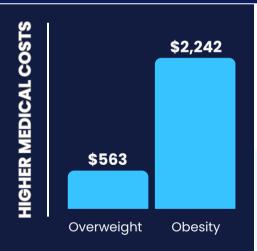
900 premature deaths occur annually



Higher Medical Costs

\$109M spending by households

COST OF OBESITY ON EMPLOYERS



\$164M in higher healthcare costs to employers



\$384M in health-related lost workdays and disability



1.8% reduction in Alaska's Gross Domestic Product (GDP)

5%-25% weight loss among adults age <65 over 10 years has potential to save \$0.6B-\$3B in medical costs

COST OF OBESITY ON STATE & LOCAL GOVERNMENT

\$12M reduced tax revenues from lost economic activity

Medicaid

\$59M higher Medicaid spending

Healthcare Coverage

\$56M for employee healthcare coverage

Public Assistance Program

\$3M in public assistance program costs

TOTAL

\$118M increased spending

