

# Obesity's Impact on Connecticut's Economy and Workforce in 2023



## REDUCED ECONOMIC ACTIVITY BY \$6.1B

**66%** of adults have obesity or overweight



**\$2.1B** in higher healthcare, absenteeism, and disability costs to employers



**\$874M** detrimental state budget impact



## COST OF OBESITY ON CONNECTICUTERS



### Reduced Labor Force Participation

32,600 fewer adults with obesity working



### Reduced Earnings for Employed Women

Women with obesity earn 9% less than women with healthy weight



### Obesity-Attributed Early Mortality

4,700 premature deaths occur annually



### Higher Medical Costs

\$406M spending by households

## COST OF OBESITY ON EMPLOYERS

HIGHER MEDICAL COSTS



**\$610M** in higher healthcare costs to employers



**\$1.5B** in health-related lost workdays and disability



**1.8%** reduction in Connecticut's Gross Domestic Product (GDP)

**5%-25%** weight loss among adults age <65 over **10 years** has potential to **save \$3.5B-\$10.7B** in medical costs

## COST OF OBESITY ON STATE & LOCAL GOVERNMENT

**\$476M** reduced tax revenues from lost economic activity

Medicaid	\$255M higher Medicaid spending
Healthcare Coverage	\$139M for employee healthcare coverage
Public Assistance Program	\$4M in public assistance program costs
<b>TOTAL</b>	<b>\$398M</b> increased spending

For more information: [Consulting@globaldata.com](mailto:Consulting@globaldata.com)

Access more factsheets & reports: <https://www.globaldata.com/health-economics/US/>