# Obesity's Impact on Delaware's **Economy and Workforce in 2023**



### REDUCED ECONOMIC ACTIVITY BY \$1.6B

72% of adults have obesity or overweight



\$606M in higher healthcare, absenteeism, and disability costs to employers

\$249M detrimental state budget impact



## **COST OF OBESITY ON DELAWAREANS**



#### **Reduced Labor Force Participation**

9,800 fewer adults with obesity working



#### **Reduced Earnings for Employed** Women

Women with obesity earn 9% less than women with healthy weight



#### **Obesity-Attributed Early** Mortality

1,600 premature deaths occur annually



#### **Higher Medical** Costs

\$124M spending by households

### COST OF OBESITY ON EMPLOYERS



\$186M in higher healthcare costs to employers



\$420M in health-related lost workdays and disability



1.7% reduction in Delaware's Gross Domestic Product (GDP)

5%-25% weight loss among adults age <65 over 10 years has potential to save \$1.2B-\$3.6B in medical costs

# **COST OF OBESITY ON STATE & LOCAL GOVERNMENT**

\$156M reduced tax revenues from lost economic activity

Medicaid **Healthcare Coverage** 

**Public Assistance Program** 

\$48M higher Medicaid spending

\$41M for employee healthcare coverage

\$4M in public assistance program costs

**TOTAL** 

\$93M increased spending