# **Economic Impact per Employee with Obesity &** Overweight from an Employer Perspective in 2023



#### **EXCESS MEDICAL COSTS**







### AVERAGE ANNUAL COST

#### \$1,755

Absenteeism <sup>1,2</sup> Higher health-related work absenteeism associated with obesity



**Presenteeism** Higher health-related presenteeism associated with



\$864 Overweight



**\$664** Disability 1

Higher disability costs associated with obesity



\$112

Workers' Comp Higher injury workers' compensation costs associated with obesity



# POTENTIAL SAVINGS FROM OBESITY TREATMENT

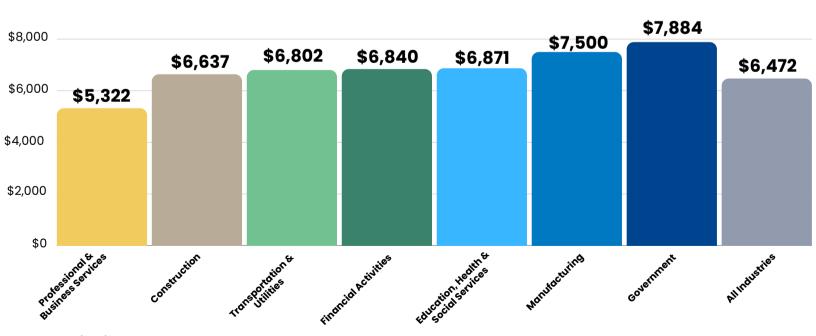
## **Obesity**

5% to 25% weight loss among per individual with obesity has the potential to save \$2,110-\$4,830 in medical costs cumulative over 5 years

# Class III Obesity

5% to 25% weight loss among per individual with class III obesity has the potential to save \$2,750-\$7,950 in medical costs cumulative over 5 years

# **AVERAGE COST OF OBESITY BY INDUSTRY**



1. Shinde et al. (2023). Work Loss Among Privately Insured Employees with Overweight and Obesity in the United States.
2. Strömberg et al. (2017). Estimating the Effect and Economic Impact of Absenteeism, Presenteeism, and Work Environment–Related Problems on Reductions in Productivity from a Managerial Perspective. Value in Health. doi:10.1016/j.jval.2017.05.008

