

# Economic Impact of Obesity & Overweight on Employers: Paths Toward Work Force Health and Well-Being in 2023



**ECONOMIC COSTS TO EMPLOYERS & EMPLOYEES \$425.5B**

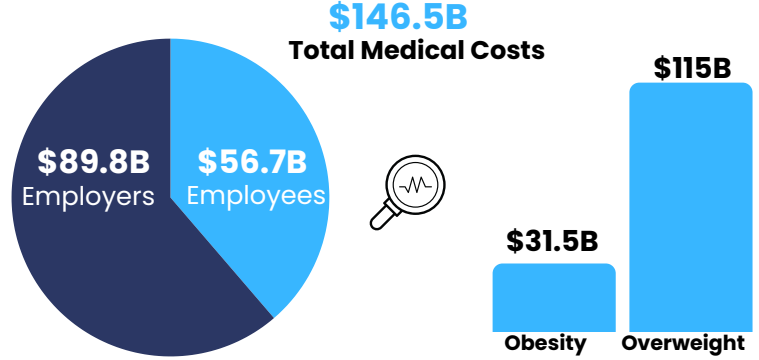
**Obesity**  
**\$347.5B**

**Overweight**  
**\$78B**

## INDUSTRY PREVALENCE

	Obesity	Overweight
Construction	32%	43%
Education & Health Services	31%	30%
Financial Activities	29%	35%
Government	36%	36%
Manufacturing	33%	37%
Professional & Business Services	22%	35%
Transportation & Utilities	36%	38%
All Industries	30%	34%

## HIGHER MEDICAL COSTS



**158 million** civilian employees in nonfarm industries  
**30% (46.9M)** with **obesity** and **34% (53.8M)** with **overweight**

## OTHER WORKPLACE COSTS

**\$82.3B**  
**Absenteeism**  
Higher health-related work absenteeism associated with obesity

**\$160.3B**  
**Presenteeism**  
Higher health-related presenteeism associated with

**\$113.8B** Obesity  
**\$46.5B** Overweight

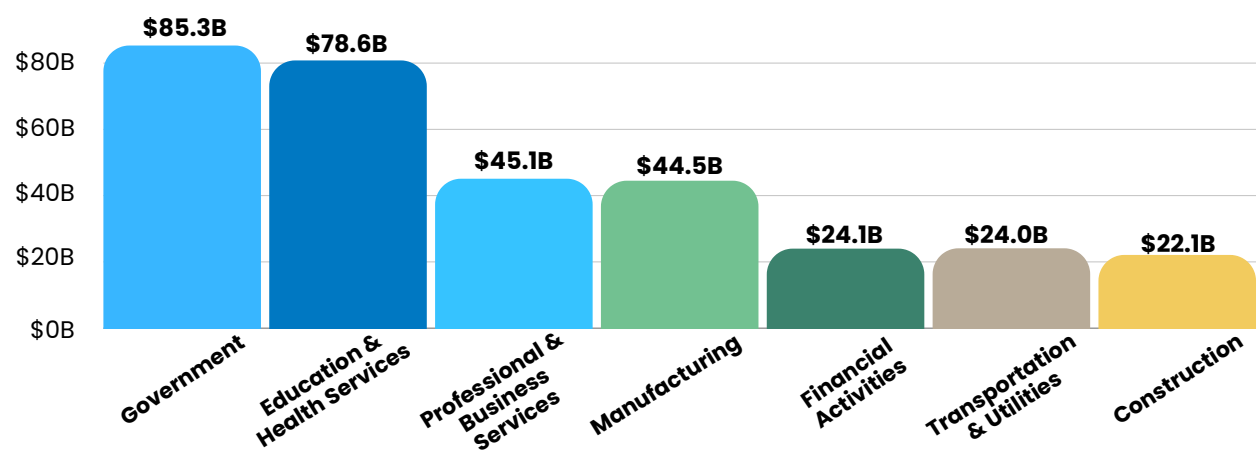
**\$31.1B**  
**Disability**  
Higher disability payments to employers for obesity

**\$5.2B**  
**Workers Comp**  
Higher injury worker compensation costs for obesity

## POTENTIAL SAVINGS FROM OBESITY TREATMENT

**5% to 25%** weight loss among **employees and adult dependents** with obesity has the potential to **save \$153.3B–\$326.1B** in **medical costs** cumulative over **5 years**

## ECONOMIC IMPACT OF EXCESS BODY WEIGHT FOR SELECT INDUSTRIES



For more information: [Consulting@globaldata.com](mailto:Consulting@globaldata.com)

Read full report: <https://www.globaldata.com/health-economics/US/Employers/Overweight-Obesity-Impact-on-Employers.pdf>

