

Obesity's Impact on Minnesota's Economy and Workforce in 2025



\$6.6B



TOTAL REDUCED ECONOMIC ACTIVITY

1.2% Reduction in Minnesota's Gross Domestic Product (GDP)



68%

Adults have obesity or overweight



\$3.5B

Higher Healthcare, Absenteeism, & Disability Costs to Employers



\$960M

Detrimental State Budget Impact

IMPACT ON RESIDENTS



9,100

Reduced Labor Force

Reduced workforce participation + premature mortality



3%

Reduced Earnings for Employed Women

Women with obesity earn 3% less than women with healthy weight



7,400

Obesity-Related Premature Mortality

Premature deaths occur annually



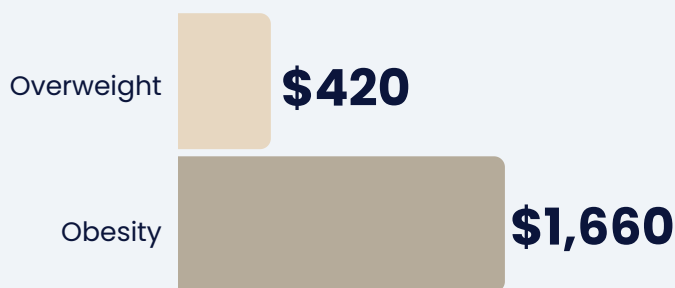
\$528M

Higher Medical Costs

Households out-of-pocket spending on obesity-related care

COST OF OBESITY ON EMPLOYERS

Higher Medical Cost Per Employee



\$1.2B

Higher Healthcare Costs



\$1.6B

Health-related lost workdays



\$709M

Workers' Compensation and Disability

TOTAL FISCAL IMPACT ON STATE & LOCAL GOVERNMENT

Increased Government Spending

	Medicaid	Higher Medicaid Spending	\$496M
	Healthcare	Employee healthcare coverage	\$178M

Lost Government Revenue

	Tax Revenue	Reduced receipts from lost economic activity	\$286M
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TOTAL STATE & LOCAL FISCAL IMPACT

\$960M

Supported by Eli Lilly and Company

For more information: Consulting@globaldata.com

Access more factsheets & reports: <https://www.globaldata.com/health-economics/US/>

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Minnesota's Case for Action: The Health & Economic Value of Weight Loss



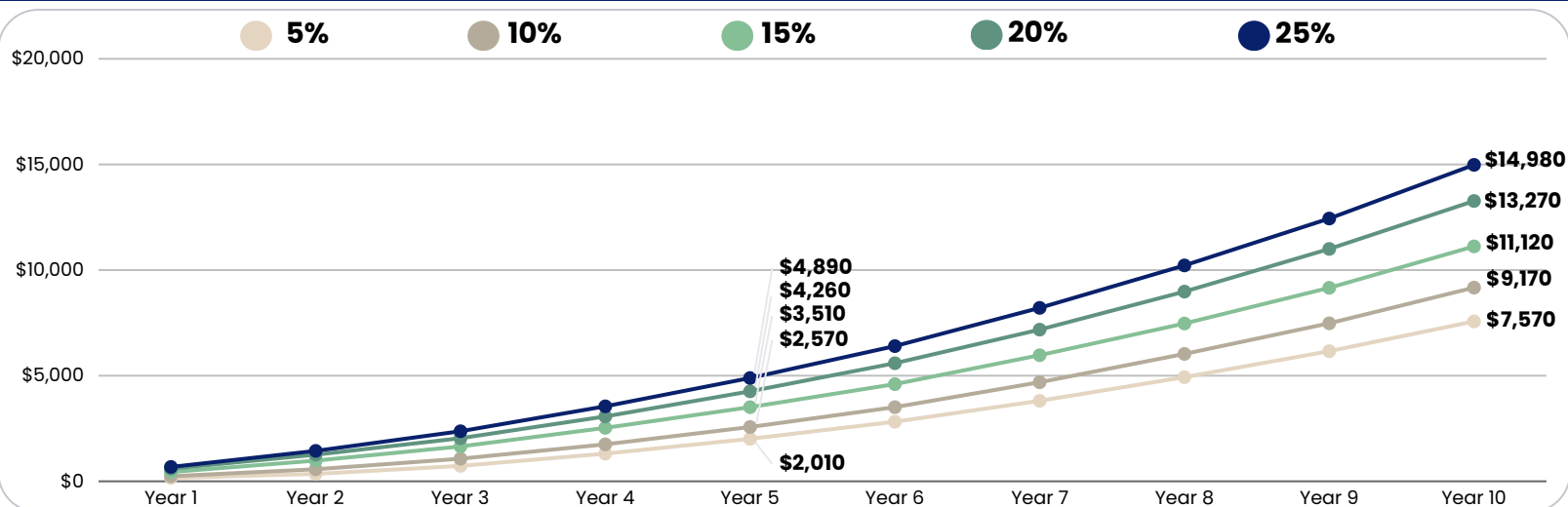
KEY SAVINGS OPPORTUNITY



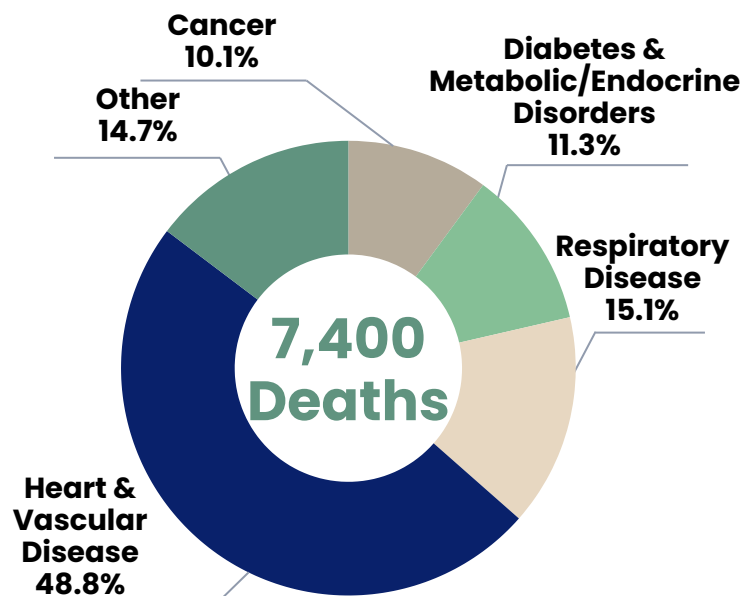
A **5%–25%** weight loss through sustained treatment among adults over 10 years could generate between **\$11.1B and \$22B** in cumulative medical cost savings

\$11.1B–\$22B
10-Year Savings Range

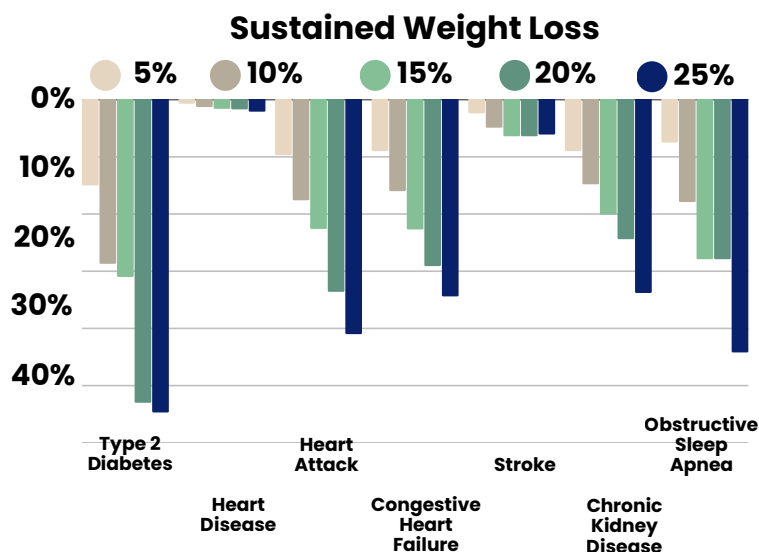
MEDICAL COST SAVINGS PER PERSON BY SUSTAINED WEIGHT LOSS



OBESITY-ATTRIBUTED DEATHS BY CAUSE



10-YEAR REDUCTION IN DISEASE ONSET



Modeled onset of obesity-related diseases shows the greatest reductions in diabetes, sleep apnea, and heart attacks at higher levels of weight loss

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