# Obesity's Impact on New Mexico's Economy and Workforce in 2023



## **REDUCED ECONOMIC ACTIVITY BY \$2.6B**

69% of adults have obesity or overweight



\$1.1B in higher healthcare, absenteeism, and disability costs to employers



\$412M detrimental state budget impact



## **COST OF OBESITY ON NEW MEXICANS**



#### Reduced Labor Force Participation

19,300 fewer adults with obesity working



# Reduced Earnings for Employed Women

Women with obesity earn 9% less than women with healthy weight



#### Obesity-Attributed Early Mortality

2,900 premature deaths occur annually



#### Higher Medical Costs

\$185M spending by households

### **COST OF OBESITY ON EMPLOYERS**



**\$279M** in higher healthcare costs to employers



**\$817M** in health-related lost workdays and disability



2.0% reduction in New Mexico's Gross Domestic Product (GDP)

5%-25% weight loss among adults age <65 over 10 years has potential to save \$1.6B-\$5.2B in medical costs

## **COST OF OBESITY ON STATE & LOCAL GOVERNMENT**

\$219M reduced tax revenues from lost economic activity Medicaid

Healthcare Coverage

Public Assistance Program

\$92M higher Medicaid spending

\$92M for employee healthcare coverage

\$9M in public assistance program costs

TOTAL \$193M increased spending

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