

Obesity's Impact on Vermont's Economy and Workforce in 2023



REDUCED ECONOMIC ACTIVITY BY \$907M

61% of adults have obesity or overweight



\$369M in higher healthcare, absenteeism, and disability costs to employers



\$177M detrimental state budget impact



COST OF OBESITY ON VERMONTERS



Reduced Labor Force Participation

5,000 fewer adults with obesity working



Reduced Earnings for Employed Women

Women with obesity earn 9% less than women with healthy weight



Obesity-Attributed Early Mortality

900 premature deaths occur annually



Higher Medical Costs

\$67M spending by households

COST OF OBESITY ON EMPLOYERS

HIGHER MEDICAL COSTS



\$101M in higher healthcare costs to employers



\$269M in health-related lost workdays and disability



2.1% reduction in Vermont's Gross Domestic Product (GDP)

5%-25% weight loss among adults age <65 over 10 years has potential to **save \$0.7B-\$1.8B** in medical costs

COST OF OBESITY ON STATE & LOCAL GOVERNMENT

\$47M reduced tax revenues from lost economic activity

Medicaid

\$38M higher Medicaid spending

Healthcare Coverage

\$30M for employee healthcare coverage

Public Assistance Program

\$2M in public assistance program costs

TOTAL

\$70M increased spending

For more information: Consulting@globaldata.com

Access more factsheets & reports: <https://www.globaldata.com/health-economics/US/>