

# Obesity's Impact on Washington's Economy and Workforce in 2023



## REDUCED ECONOMIC ACTIVITY BY \$12.1B

**66%** of adults have obesity or overweight



**\$4.8B** in higher healthcare, absenteeism, and disability costs to employers



**\$1.2B** detrimental state budget impact



## COST OF OBESITY ON WASHINGTONIANS



### Reduced Labor Force Participation

58,200 fewer adults with obesity working



### Reduced Earnings for Employed Women

Women with obesity earn 9% less than women with healthy weight



### Obesity-Attributed Early Mortality

9,500 premature deaths occur annually



### Higher Medical Costs

\$996M spending by households

## COST OF OBESITY ON EMPLOYERS

HIGHER MEDICAL COSTS



**\$1.5B** in higher healthcare costs to employers



**\$3.3B** in health-related lost workdays and disability



**1.5%** reduction in Washington's Gross Domestic Product (GDP)

**5%-25%** weight loss among adults age **<65 over 10 years** has potential to **save \$6.6B-\$23.5B** in medical costs

## COST OF OBESITY ON STATE & LOCAL GOVERNMENT

**\$446M** reduced tax revenues from lost economic activity

Medicaid	\$399M higher Medicaid spending
Healthcare Coverage	\$375M for employee healthcare coverage
Public Assistance Program	\$15M in public assistance program costs
<b>TOTAL</b>	<b>\$789M</b> increased spending

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